

First Aid

Year 1

September 2021



BritishRedCross | First Aid Champions.

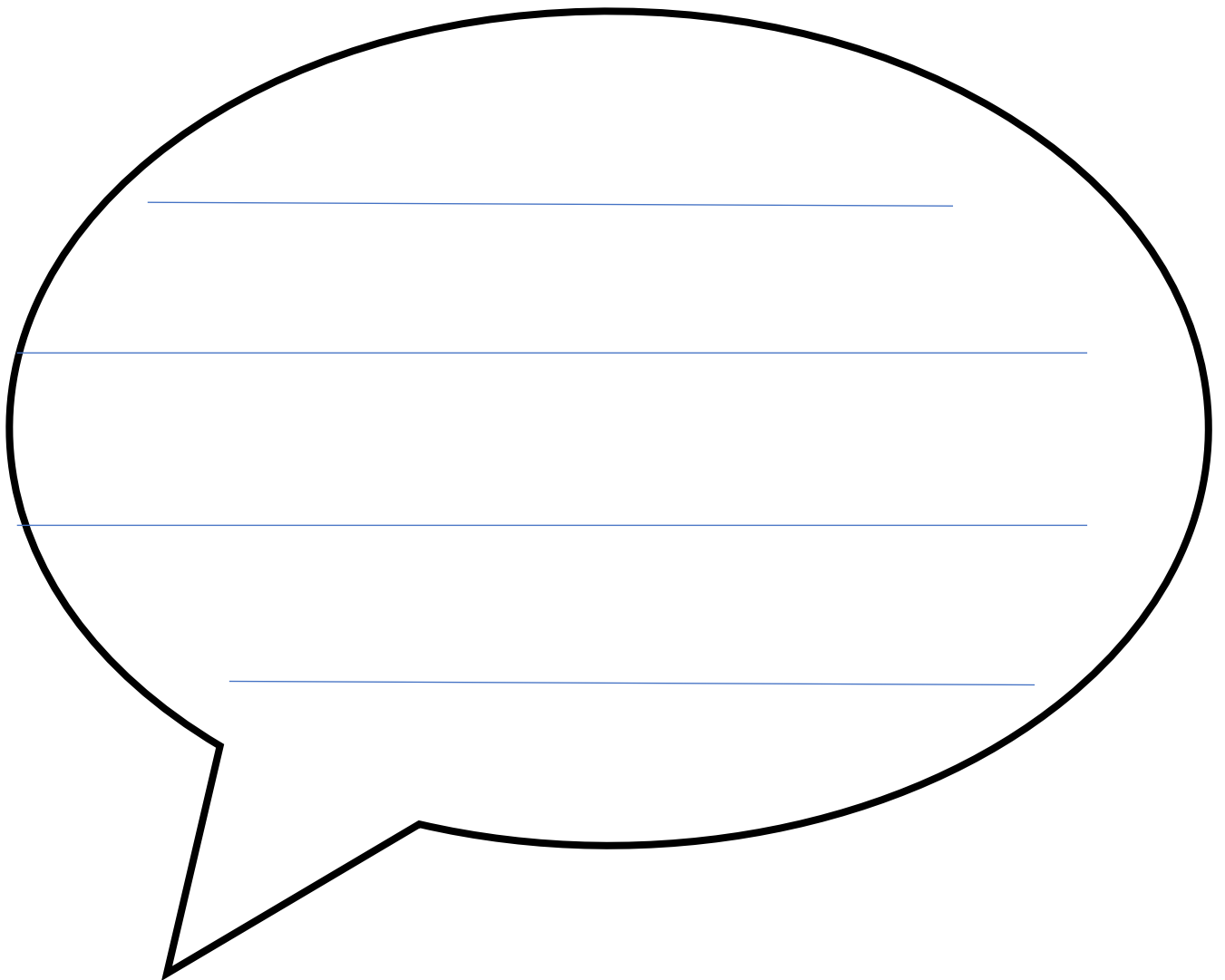
What is First Aid and why is it important?

Learning objectives

- Understand what first aid is and why it is important
- Explain some situations where someone might need to do first aid



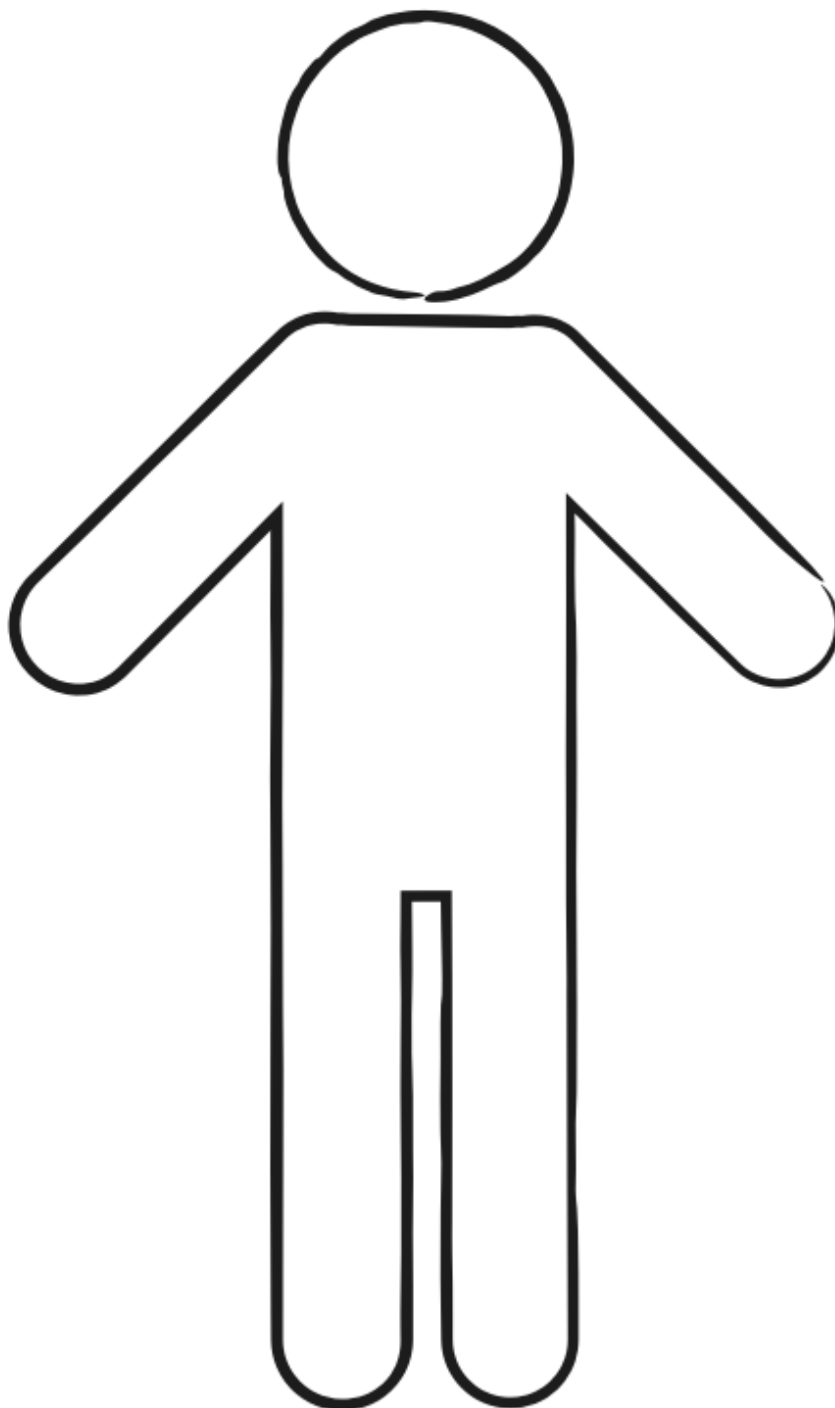
"First aid is
important
because..."



A large speech bubble with a black outline and a small tail pointing towards the bottom left. Inside the bubble, there are four horizontal blue lines for writing.

Giving First Aid

1. Draw inside the person outline some of the injuries and illnesses that might happen meaning someone would need first aid e.g. bump on the head. *What type of injuries or illnesses can happen?*
2. Draw a line from the injury to the outside of the outline of the person and add what first aid the person might need to help them recover e.g. bag of frozen peas on the head. *What type of first aid might someone need to help them with an injury or illness?*
3. Now, around the outer edge of the paper ask the children to write what they could say to someone to comfort them e.g. Don't worry, help is on the way. *What could someone say to help them feel better?*



Calling 999



Learning objectives

- Learn how to safely get help in an emergency, including calling 999
- Learn what a 999 call is like and the kind of questions they will ask
- Practise making a 999 call and giving the correct information to the person on the phone

How confident do you feel about calling 999 if you needed to?

1

2

3

4

5

6

7

8

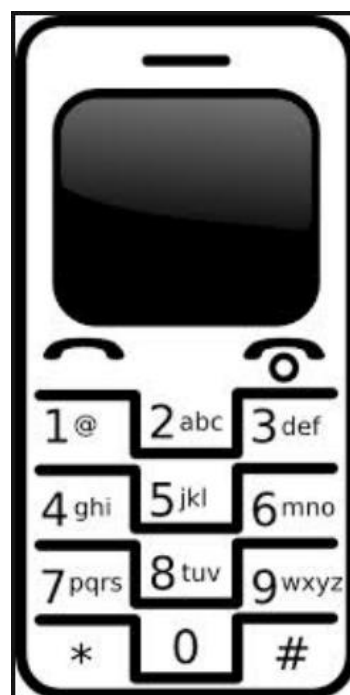
9

10

Not
at all

Totally

Colour the button
on the phone you
would use to make
an emergency
phone call.



Scene 1.

This person is called Ben. They live at 23 Flower Street. Their mum has cut her hand and is bleeding a lot. Ben has helped her to press hard on the cut already.

Scene 2.

This person is Becky. Her brother is choking. His dad is helping him as she calls 999. They live in flat 4B, Basil Tower, 43 Picket Road.

Questions that might be asked by the Ambulance service call operator.

Stick shared response here

Now...



My address is...



Calling 999.

British Red Cross


If you know someone is ill or injured and needs help from a doctor quickly:

Call 999 and ask for an ambulance

Listen to the call handler and answer their questions as best as you can



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**The power
of kindness**