



	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Autumn 1	Intro to PSHE –and getting to know each other.	Healthy relationships –All about me 	Healthy relationships – What makes me special 	Healthy relationships –Me and my special people 	Healthy relationships – Who can help me? 	Healthy relationships – My feelings 	Healthy relationships – My feelings 
Autumn 2	Keeping Safe – What’s safe to go onto my body? 	Keeping Safe – What’s safe to go into my body (including medicine) 	Keeping Safe – Safe indoors and outdoors 	Keeping Safe – Listening to my feelings 	Keeping Safe – Keeping safe online 	Keeping Safe – People who help to keep me safe 	
Spring 1	Valuing difference – I’m special, you’re special 	Valuing difference – Same and different 	Valuing difference – Same and different families 	Valuing difference – Same and different homes 	Valuing difference – I am caring 	Valuing difference – Kind and caring 	
Spring 2	Feelings and Emotions - Bouncing back when things go wrong	Feelings and Emotions - Yes, I can! 	Feelings and Emotions - Healthy Eating 	Feelings and Emotions - Healthy Eating (2) 	Feelings and Emotions - Move your body 	Feelings and Emotions - A good night’s sleep 	

							
Summer 1	Growing and changing – Seasons 	Growing and changing – Life Stages – plant, animals, humans 	Growing and changing – Life Stages – who will I be? 	Growing and changing – Where do babies come from? 	Growing and changing – Getting bigger 	Growing and changing – Me and my body, girls and boys 	
Summer 2	Rights and responsibilities - Looking after my special people 	Rights and responsibilities - Looking after my friends 	Rights and responsibilities - Being helpful at home and caring for our classroom 	Rights and responsibilities – Caring for our world 	Rights and responsibilities - Looking after money: recognising, spending, using 	Rights and responsibilities - Looking after money: saving money and keeping it safe 	Left for transition recap.