



Nine Acres
Primary School

Articulate,
Passionate, Persuasive & Positively
influencing the world around us.

STRIVING FOR EXCELLENCE

Nine Acres Primary School

PSHE Curriculum

PSHE INTENT:

Our children will grow up to build safe, healthy relationships and can articulate their own opinions through thoughtful debates while showing respect and tolerance. They will have the skills to look after their physical and mental self in order to positively influence the world around them.

There's a proven link between pupils' health and wellbeing, and their academic progress. Crucial skills and positive attitudes developed through comprehensive Personal, Social, Health and Economic education (PSHE) are critical to ensuring children are effective learners. At Nine Acres, we have weekly PSHE lessons. We use SCARF (Safety, Caring, Achievement, Resilience and Friendship) to support our resources and planning. Our curriculum meets the statutory requirements of Relationships, Health and Sex Education and has been carefully planned to ensure it is progressive and meets the needs of the Nine Acres children. Some of our key themes are: Healthy relationships, Valuing difference, Keeping safe, Rights and responsibilities, Growing and changing, Feelings and emotions and Being my best.

Within our PSHE lessons, children are able to make links to our school values alongside the five British Values. We feel this is an important part of being a British citizen and an important skill to recognise these values in their lives. We are also passionate for our children to learn real life skills around careers and aspiration and finance and economy. Living on a small island, we want our children to explore the wider world and what it can offer.



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Nine Acres Primary School – Curriculum Overview: PSHE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Healthy Relationships	Keeping Safe	Valuing Difference	Feelings and Emotions	Growing and changing	Rights and Responsibilities
Year 1	Healthy Relationships	Feelings and Emotions and Money	Valuing Difference and Keeping Safe	Healthy lifestyles	Rights and Responsibilities	Growing and changing
Year 2	Healthy Relationships	Valuing Difference and Money	Feelings and Emotions	Keeping Safe	Healthy lifestyles	Growing and changing
Year 3	Healthy Relationships and Feelings and emotions	Valuing Difference and Money	Keeping Safe	Healthy lifestyles and Caring for the environment	Rights and Responsibilities	Growing and changing
Year 4	Healthy Relationships Feelings and emotions	Valuing Difference and Money	Keeping Safe	Healthy lifestyles and Caring for the environment	Rights and Responsibilities	Growing and changing
Year 5	Healthy Relationships Feelings and emotions	Valuing Difference and Money	Keeping Safe	Healthy lifestyles	Healthy lifestyles and Rights and Responsibilities	Growing and changing
Year 6	Healthy Relationships	Valuing Difference and Money	Keeping Safe	Healthy lifestyles	Rights and Responsibilities	Growing and changing



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Nine Acres Primary School – Vocabulary Progression EYFS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	special	safe	same	feelings	grow	help
	family	unsafe	different	happy	Change	alone
	friends	worried	kind	sad	season	caring
	sad	trust	unkind	angry	baby	money
	happy	medicine	like	confused	child	cost
	same		dislike		teenager	
	Different				adult	



Medium Term Plan – EYFS Autumn 1

PSHE	Listening song Superstar introduce d School rules Self-registratio n	Introduc g classroom areas All about me – what makes them	Introducing classroom areas SCARF Curriculum begins To talk about my own interests. https://www.coramifeeducation.org.uk/scarf/lesson-plans/all-about-me	To share our favourite interests and objects. https://www.coramifeeducation.org.uk/scarf/lesson-plans/what-makes-me-special	To talk about important people in our lives. https://www.coramifeeducation.org.uk/scarf/lesson-plans/me-and-my-special-people My school family	To identify who can help me if I'm sad, worried or scared. https://www.coramifeeducation.org.uk/scarf/lesson-plans/who-can-help-me My school family	To choose ways to help myself if I am sad. https://www.coramifeeducation.org.uk/scarf/lesson-plans/my-feelings
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Medium Term Plan – EYFS Autumn 2

PSHE	Keeping Safe – What's safe to go onto my body? https://www.coramifeeducation.org.uk/scarf/lesson-plans/whats-safe-to-go-onto-my-body	Keeping Safe – What's safe to go into my body (including medicine) https://www.coramifeeducation.org.uk/scarf/lesson-plans/keeping-myself-safe-whats-safe-to-go-into-my-body-including-medicines	Keeping Safe – Safe indoors and outdoors https://www.coramifeeducation.org.uk/scarf/lesson-plans/safe-indoors-and-outdoors	Keeping Safe – Listening to my feelings https://www.coramifeeducation.org.uk/scarf/lesson-plans/listening-to-my-feelings	Keeping Safe – Keeping safe online https://www.coramifeeducation.org.uk/scarf/lesson-plans/keeping-safe-online	Keeping Safe – People who help to keep me safe https://www.coramifeeducation.org.uk/scarf/lesson-plans/people-who-help-to-keep-me-safe
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Medium Term Plan – EYFS Spring 1

PSHE Valuing difference	I'm special, you're special https://www.coramifeeducation.org.uk/scarf/lesson-plans/im-special-youre-special I'm special song for children to sing along to. Jigsaw faces for children to complete - identifying how they are unique	Same and different https://www.coramifeeducation.org.uk/scarf/lesson-plans/same-and-different Interactive story to read, talk about how Harold helps his friends and how they are sad because they are different. Same and different activity for provision.	Same and different families https://www.coramifeeducation.org.uk/scarf/lesson-plans/same-and-different-families Look at great big book of families. Pictures on IWB? Children to share who is in their family. Photo frames for children to draw their family in provision.	Same and different homes https://www.coramifeeducation.org.uk/scarf/lesson-plans/same-and-different-homes Read come over to my house dr. suess https://www.youtube.com/watch?v=0mUY5kzw0ec and recap houses looks at Autumn 1. Home collage - magazines to make dream home in creative area.	I am caring https://www.coramifeeducation.org.uk/scarf/lesson-plans/i-am-caring Re-read Harold and scarf story. Children to rehearse saying kind things to each other. Kindness cards for provision.	I am a friend https://www.coramifeeducation.org.uk/scarf/lesson-plans/i-am-a-friend Mind map of qualities of a good friend. Challenge children to play with someone new. Jollypop sticks with name of a child to play with.
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Medium Term Plan – EYFS Spring 2

PSHE Feelings and emotions	Bouncing back https://www.coramifeeducation.org.uk/scarf/lesson-plans/bouncing-back-when-things-go-wrong-1 Read Tilda tries again. Talk about never giving up. Learning isn't easy and this is called resilience. Introduce 5 ways to wellbeing colouring for provision. Code of conduct	Yes I can https://www.coramifeeducation.org.uk/scarf/lesson-plans/yes-i-can Talk about the phrase 'I can't' and practise turning into 'I can' Read 'the dot' and link to this. I can cards for provision.	Healthy eating https://www.coramifeeducation.org.uk/scarf/lesson-plans/healthy-eating-1 Sugar paper with food circle – children to name foods and add onto part (carbs, protein, fruit, veg, dairy, sugar/fat) Food plate for provision and home corner – make a healthy meal.	My healthy mind https://www.coramifeeducation.org.uk/scarf/lesson-plans/my-healthy-mind Discuss how mental health means keeping your mind healthy. Recap wellbeing wheel and practise some mindfulness Discuss how we can help ourselves feel good – things that we like etc. Wheel colouring for provision	Move your body https://www.coramifeeducation.org.uk/scarf/lesson-plans/move-your-body Discuss why our bodies need exercise to keep healthy. Complete some exercises together – see sheet and then talk about what's. Have signs around the environment outside for children to complete the exercises for 1 minute each.	A good night's sleep https://www.coramifeeducation.org.uk/scarf/lesson-plans/a-good-nights-sleep Have a bag with all things for overnight routine inside – toothbrush, pis, hairbrush, toy, soap Explain importance of bedtime routines and come up with a class one to act out – turning lights off, relaxing music etc. Stars for children to draw pictures of bedtime things in provision.
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Medium Term Plan – EYFS Summer 1

PSHE	A good night's sleep - from last half term week 6	Seasons Seasons Read book about seasons and listen to seasons song Seasons Song Model drawing different items for each season and then activity sheet to be put in provision.	Life stages Life stages - plants, animals, humans Talk about how lots of things change how they look as the grow and get older. How have they changed since they were a baby? Videos to watch Bean Time-Lapse - 25 days Soil cross section Frog life cycle animation Discuss any other animals they can thing of that change e.g. puppy to dog etc. Collect pupil voice. Matching activity for provision.	Human life stages Life Stages: Human life stage - who will I be? Recap how humans change through their life and show picture of life cycle. Listen to once there were giants Once There Were Giants by Martin Waddell and Penny Dale - YouTube and collect pupil voice about how they have changed. Activity for provision of life cycle to colour and add who they will be as they grow older.	Getting bigger https://www.coramilleeeducation.org.uk/scarf/lesson-plans/getting-bigger Collect pupil voice about how they have changed since they were a baby and what can they do now that they couldn't do before. Talk about the importance fo families helping to become who we are. Model activity sheet for provision.	Me and my body Me and my body - girls and boys Start by singing head shoulders knees and toes and ask children what the song is about - parts of our body. Name other parts not mentioned in the song. Do we all have these parts? Introduce how girls and boys have mostly the same body parts except our private parts - use correct terminology of penis, testicles and vulva. Listen to PANTS song. The Pterodactyl Song! #TalkPANTS NSPCC - YouTube
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Medium Term Plan – EYFS Summer 2



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	PSHE	Looking after my special people Looking after my special people children to identify special people in their family and how they help to look after them. Ask what they could do to look after our loved ones, including looking after their feelings. Link to superhero - draw in superhero frame activity.	Looking after my friends Looking after my friends Same structure as last week - look at friendship scenarios and collect pupil voice. Superhero frames out again - this time to draw a friend.	Helping at home and in class. Being helpful at home and caring for our classroom Introduce the idea of responsibility - special people do lots of things for us but you can help to. Ask children if they have any jobs at home and what jobs they do at school. Introduce helpful hero certificates to hand out when you see someone being super helpful.	Caring for our world Caring for our world Recap reduce, reuse, recycle and its importance. Listen to song Reduce Reuse Recycle Song for Kids Earth Day Songs for Children The Kiboomers - YouTube and model picture of world before and after recycling.	Money Looking after money (1): recognising, spending, using Have a tray/bag with money related items e.g. notes, coin, purse, receipt, card etc. Pupil voice around what money is used for, what they use money for and what adults use money for. How do we get money and how do we keep it safe? Junk modelling - create own money bank.	
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Nine Acres Primary School – Vocabulary Progression Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	friendship	emotions	Respect	healthy	responsibility	growing
	feelings	harmful	teasing	unhealthy	rules	changing
	behaviour		bullying	fruit	accident	caring
	safe		fair	vegetable	Emergency	secret
	support		unfair	exercise		
	relationship			energy		
				germs		



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Medium Term Plan – Year 1 Autumn 1

PSHE	Healthy relationships – surprises or secrets 👤 Crime – keeping dangerous secrets https://www.coramifeducation.org.uk/scarf/lesson-plans/surprises-and-secrets	Healthy relationships – good or bad touches. 👤 https://www.coramifeducation.org.uk/scarf/lesson-plans/good-or-bad-touches	Healthy relationships – unkind, tease or bully 👤 Crime – bullying – hitting/fights Now press play – superhero Prejudicial language link https://www.coramifeducation.org.uk/scarf/lesson-plans/unkind-tease-or-bully	Healthy relationships – who can help 2 👤 https://www.coramifeducation.org.uk/scarf/lesson-plans/who-can-help-2	Healthy relationships – how are you listening? 👤 https://www.coramifeducation.org.uk/scarf/lesson-plans/how-are-you-listening-1	Healthy relationships – pass on the praise. 👤 https://www.coramifeducation.org.uk/scarf/lesson-plans/pass-on-the-praise-1
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Medium Term Plan – Year 1 Autumn 2



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PSHE Feelings and Emotions Money	Feelings and Emotions – thinking about feelings. LO: To understand feelings. https://www.coramifeeducation.org.uk/scarf/lesson-plans/thinking-about-feelings	Feelings and Emotions – Harold has a bad day LO: To understand how our behaviour can affect others. https://www.coramifeeducation.org.uk/scarf/lesson-plans/harold-has-a-bad-day	Feelings and Emotions – who are our special people. LO: To identify our special people and explain why they are special. https://www.coramifeeducation.org.uk/scarf/lesson-plans/who-are-our-special-people	Feelings and Emotions – feelings and bodies. LO: To recognise that people's feelings and bodies can be hurt. Assessment - whole class pupil voice. https://www.coramifeeducation.org.uk/scarf/lesson-plans/feelings-and-bodies	Money – Harold's money. LO: To explain where money comes from and how people spend money https://www.coramifeeducation.org.uk/scarf/lesson-plans/harolds-money-1	Money – how should we look after money? https://www.coramifeeducation.org.uk/scarf/lesson-plans/how-should-we-look-after-our-money
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Medium Term Plan – Year 1 Spring 1

PSHE	Valuing difference – its not fair. Prejudicial language link https://www.coramifeeducation.org.uk/scarf/lesson-plans/its-not-fair	Valuing difference – good friends. Zones of regulation link https://www.coramifeeducation.org.uk/scarf/lesson-plans/good-friends	Valuing difference – same or different. Crime – discrimination due to differences Prejudicial language link https://www.coramifeeducation.org.uk/scarf/lesson-plans/same-or-different-1	Keeping Safe – Harold loses Geoffrey Zones of regulation link https://www.coramifeeducation.org.uk/scarf/lesson-plans/harold-loses-geoffrey	Keeping Safe – Harold loses Geoffrey Zones of regulation link https://www.coramifeeducation.org.uk/scarf/lesson-plans/harold-loses-geoffrey	Keeping Safe – who can help 1. Zones of regulation link https://www.coramifeeducation.org.uk/scarf/lesson-plans/who-can-help-1-1 & Keeping Safe – Harold's school rules Crime – rules – link to law https://www.coramifeeducation.org.uk/scarf/lesson-plans/harolds-school-rules-1
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Medium Term Plan – Year 1 Spring 2



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PSHE	Healthy lifestyles – eat well  https://www.coramifeducation.org.uk/scarf/lesson-plans/eat-well	Safer internet week focussed on the appropriate use of AI. Classes stay separate	Healthy lifestyles – our feelings  Zones of regulation link https://www.coramifeducation.org.uk/scarf/lesson-plans/our-feelings	Healthy lifestyles – Harolds wash and brush up  https://www.coramifeducation.org.uk/scarf/lesson-plans/harolds-wash-and-brush-up	Healthy lifestyles – catch it bin it kill it  https://www.coramifeducation.org.uk/scarf/lesson-plans/catch-it-bin-it-kill-it	Healthy lifestyles – I can eat a rainbow  https://www.coramifeducation.org.uk/scarf/lesson-plans/i-can-eat-a-rainbow	Healthy lifestyles – healthy me  https://www.coramifeducation.org.uk/scarf/lesson-plans/healthy-me
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Medium Term Plan – Year 1 Summer 1



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PSHE	Healthy lifestyles – super sleep  Now press play – healthy living https://www.coramifeeducation.org.uk/scarf/lesson-plans/super-sleep-1	Rights and responsibilities – why we have classroom rules.  Crime – rules – link to law https://www.coramifeeducation.org.uk/scarf/lesson-plans/why-we-have-classroom-rules	Gfoll workshop No Computing or PSHE	Rights and responsibilities – taking care of something.  Crime – taking care of animals/children. https://www.coramifeeducation.org.uk/scarf/lesson-plans/taking-care-of-something	Rights and responsibilities – our special people balloons.  Prejudicial language link https://www.coramifeeducation.org.uk/scarf/lesson-plans/our-special-people-balloons-1	Caring for the environment – around and about the school.  Economy/ finance/ career link – who's job is it? https://www.coramifeeducation.org.uk/scarf/lesson-plans/around-and-about-the-school
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Medium Term Plan – Year 1 Summer 2

PSHE	Growing and changing – keeping privates private.  https://www.coramifeeducation.org.uk/scarf/lesson-plans/keeping-privates-private	Growing and changing – taking care of a baby.  Crime – taking care of animals/children https://www.coramifeeducation.org.uk/scarf/lesson-plans/taking-care-of-a-baby	Growing and changing – inside my wonderful body.  Economy/ finance/ career link – who can help if we have something wrong? https://www.coramifeeducation.org.uk/scarf/lesson-plans/inside-my-wonderful-body	Growing and changing – then and now.  https://www.coramifeeducation.org.uk/scarf/lesson-plans/then-and-now	Growing and changing – Harold learns to ride his bike.  Zones of regulation link https://www.coramifeeducation.org.uk/scarf/lesson-plans/harold-learns-to-ride-his-bike	extra lessons left for transition
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Nine Acres Primary School – Vocabulary Progression Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	friendly	kindness	environment	Uncomfortable	hygiene	Support
	regular	respect	share	touch	behaviour	Loss
	teasing	unique	control	tell	consequence	Nervous
	bullying	behaviour		Safety	choice	Private
		listening		consent	aspiration	permission
		saving			disease	
		spending			infection	



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Medium Term Plan – Year 2 Autumn 1

PSHE Healthy Relationships	No PSHE	LO: To understand safe and unsafe secrets to keep. https://www.coramifeeducation.org.uk/scarf/lesson-plans/should-i-tell-story Story and explaining the difference.	LO: To understand the importance of listening in relationships. https://www.coramifeeducation.org.uk/scarf/lesson-plans/solve-the-problem Labelling body.	LO: To understand how positive feedback can impact relationships. https://www.coramifeeducation.org.uk/scarf/lesson-plans/a-helping-hand Drawing challenge in partners.	LO: To know that my body belongs to me and to know how to identify inappropriate touches. https://www.coramifeeducation.org.uk/scarf/lesson-plans/i-dont-like-that-1 Labelling hand with 5 people we trust.	LO: To understand the difference between bullying and teasing and how to stop both. https://www.coramifeeducation.org.uk/scarf/lesson-plans/bullying-or-teasing Looking at scenarios and discussing differences.	LO: To understand how to help if I am a bystander. https://www.coramifeeducation.org.uk/scarf/lesson-plans/dont-do-that Writing suggestions about what a bystander could do to help. Assessment Quiz – Healthy Relationships
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Medium Term Plan – Year 2 Autumn 2



PSHE	<i>Healthy Relationships</i> LO: To understand how to ask for help when needed. https://www.coramifoundation.org.uk/scarf/lesson-plans/some-secrets-should-never-be-kept Phone to draw scenario and who do call.	<i>Healthy Relationships</i> LO: To understand how kind behaviour can affect others. https://www.coramifoundation.org.uk/scarf/lesson-plans/feeling-safe-kindness-letter-to-friend	<i>Healthy Relationships</i> LO: To understand the difference between bullying and teasing and how to stop it Child led	<i>Valuing difference</i> LO: To recognise my own strengths and what makes me special. https://www.coramifoundation.org.uk/scarf/lesson-plans/an-act-of-kindness Discussion/ stars in books.	<i>Valuing difference</i> LO: To recognise my own strengths and what makes me special. https://www.coramifoundation.org.uk/scarf/lesson-plans/what-makes-us-who-we-are Carers focus	<i>Money</i> LO: To understand that people make different choices about whether to spend or save money. https://www.coramifoundation.org.uk/scarf/lesson-plans/harold-saves-for-something-special	<i>Money</i> LO: To understand why and how money needs to be looked after. https://www.coramifoundation.org.uk/scarf/lesson-plans/harold-goes-camping	
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Medium Term Plan – Year 2 Spring 1

PSHE	To use a wide range of words to describe feelings and recognise that people have different way of expressing emotions. https://www.coramifoundation.org.uk/scarf/lesson-plans/how-do-we-make-others-feel	To recognise, name and understand how to deal with a range of emotions. https://www.coramifoundation.org.uk/scarf/lesson-plans/my-special-people	To recognise, name and understand how to deal with a range of emotions. https://www.coramifoundation.org.uk/scarf/lesson-plans/being-a-good-friend-1	To understand how having self-control can help me manage my emotions. https://www.coramifoundation.org.uk/scarf/lesson-plans/lets-all-be-happy-1	Child led lesson	Assessment
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Medium Term Plan – Year 2 Spring 2

PSHE	LO: To identify situations where I would feel safe or unsafe https://www.coramifeeducation.org.uk/safef/lesson-plans/how-safe-would-you-feel	LO: To identify what I would say in situations to keep myself and others safe https://www.coramifeeducation.org.uk/safef/lesson-plans/what-should-harold-say	LO: To identify some things I can do if I am ill and how to use medicine safely. https://www.coramifeeducation.org.uk/safef/lesson-plans/harolds-picnic	LO: To understand the concept of privacy including private parts and consent. https://www.coramifeeducation.org.uk/safef/lesson-plans/respecting-privacy	LO: To know how to stay safe while cooking or in the kitchen. https://www.coramifeeducation.org.uk/safef/lesson-plans/harolds-bathroom-1
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Medium Term Plan – Year 2 Summer 1



PSHE	LO: To understand how viruses are spread and treated. https://www.coramifeeducation.org.uk/scarf/lesson-plans/harolds-postcard-helping-us-to-keep-clean-and-healthy Research and learn about Edward Jenner and vaccines.	LO: To understand that exercise, diet and sleep are important to health. https://www.coramifeeducation.org.uk/scarf/lesson-plans/my-body-needs Create a healthy eating plate.	LO: To explain, and be able to use, strategies for dealing with impulsive behaviour. https://www.coramifeeducation.org.uk/scarf/lesson-plans/when-i-feel-like-erupting Create an impulse volcano with calming strategies.	LO: To know isolation and loneliness can affect children and how to seek support. https://www.coramifeeducation.org.uk/scarf/lesson-plans/when-someone-is-feeling-left-out Create a class jigsaw.	LO: To describe strategies to be successful in the classroom. https://www.coramifeeducation.org.uk/scarf/lesson-plans/getting-on-with-others Write a list of helpful tips.	KS1 SATs
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Medium Term Plan – Year 2 Summer 2

PSHE	LO: To understand about the concept of privacy and naming key body parts. https://www.coramifeeducation.org.uk/scarf/lesson-plans/my-body-your-body Learning names of body parts and placing on diagram.	LO: To recognise how we have changed since we were born. https://www.coramifeeducation.org.uk/scarf/lesson-plans/havent-you-grown Comparing things we can do now compared to when we were babies.	N/A DT Week	LO: To help myself and others develop a positive attitude to learning and change. https://www.coramifeeducation.org.uk/scarf/lesson-plans/you-can-do-it	LO: To understand how people grow at different rates and everyone is different. CHILD LED	LO: To identify and understand the 5 British Values. Poster	LO: To understand how to identify and address prejudicial language. Using images and post-it notes.	LO: To identify class rules and set a personal goal. Rules on class scroll and goal/target on star.
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STRIVING FOR EXCELLENCE

Nine Acres Primary School – Vocabulary Progression Year 3						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	conflict	community	danger	diet	income	personal
	compromise	belonging	risk	infection	earn	positive
	apologise	manners	substance	justify	fact	negative
	opinion	identity	decision	goals	volunteer	
	persuade	prejudice		teamwork		
		disability				



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STRIVING FOR EXCELLENCE

Medium Term Plan – Year 3 Autumn 1

PSHE	Healthy relationships Skills for future careers https://www.coramlifeeducation.org.uk/scarf/lesson-plans/tangram-team-challenge	Healthy relationships Special person https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-our-special-people	Healthy relationships https://www.coramlifeeducation.org.uk/scarf/lesson-plans/body-space Appropriate and inappropriate touch	Healthy relationships Resolving conflict https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-can-we-solve-this-problem	Healthy relationships Solving friendship problems https://www.coramlifeeducation.org.uk/scarf/lesson-plans/friends-are-special-1	Healthy relationships Prejudice https://www.coramlifeeducation.org.uk/scarf/lesson-plans/zeb
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Medium Term Plan – Year 3 Autumn 2

PSHE	Safe and unsafe secrets https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-2	Strategies to feel safe https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dans-dare	Types of family https://www.coramlifeeducation.org.uk/scarf/lesson-plans/family-and-friends	Name calling https://www.coramlifeeducation.org.uk/scarf/lesson-plans/respect-and-challenge	Saving money https://www.coramlifeeducation.org.uk/scarf/lesson-plans/can-harold-afford-it	How people earn money https://www.coramlifeeducation.org.uk/scarf/lesson-plans/earning-money Assessment 10 mins
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Medium Term Plan – Year 3 Spring 1



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STRIVING FOR EXCELLENCE

PSHE	Identify and manage risks (risk robot) https://www.coramifeeducation.org.uk/scarf/lesson-plans/the-risk-robot	Suggest strategies to keep safe https://www.coramifeeducation.org.uk/scarf/lesson-plans/safe-or-unsafe-1	Who can help me? https://www.coramifeeducation.org.uk/scarf/lesson-plans/helping-each-other-to-stay-safe	Getting on with your nerves https://www.coramifeeducation.org.uk/scarf/lesson-plans/getting-on-with-your-nerves	Alcohol and drugs https://www.coramifeeducation.org.uk/scarf/lesson-plans/help-or-harm-1	Help or harm? https://www.coramifeeducation.org.uk/scarf/lesson-plans/none-of-your-business
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Medium Term Plan – Year 3 Spring 2

PSHE	Healthy Lifestyles Healthy diet https://www.coramifeeducation.org.uk/scarf/lesson-plans/derek-cooks-dinner-healthy-eating	Healthy Lifestyles Infectious illnesses https://www.coramifeeducation.org.uk/scarf/lesson-plans/poorly-harold	Caring for the environment Recycle https://www.coramifeeducation.org.uk/scarf/lesson-plans/lets-have-a-tidy-up	Caring for the environment Community https://www.coramifeeducation.org.uk/scarf/lesson-plans/my-community	Caring for the environment Volunteers https://www.coramifeeducation.org.uk/scarf/lesson-plans/our-helpful-volunteers
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Medium Term Plan – Year 3 Summer 1



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STRIVING FOR EXCELLENCE

PSHE	Child led lesson – Addressing racial language lesson	Child led lesson - Addressing racial language lesson	Rights and responsibilities Importance of rules https://www.coramifeeducation.org.uk/scarf/lesson-plans/as-a-rule	Rights and responsibilities How diversity impacts our society https://www.coramifeeducation.org.uk/scarf/lesson-plans/our-friends-and-neighbours	Rights and responsibilities Respectfully debate https://www.coramifeeducation.org.uk/scarf/lesson-plans/for-or-against	Rights and responsibilities Recognise the difference between fact and opinion and that events can be perceived from different viewpoints. https://www.coramifeeducation.org.uk/scarf/lesson-plans/thunks
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Medium Term Plan – Year 3 Summer 2

PSHE	Rights and responsibilities – super searcher.  https://www.coramifeeducation.org.uk/scarf/lesson-plans/super-searcher	Growing and changing – my changing body.  https://www.coramifeeducation.org.uk/scarf/lesson-plans/my-changing-body	Growing and changing – my special pet.  Zones of regulation link https://www.coramifeeducation.org.uk/scarf/lesson-plans/my-special-pet	Growing and changing – top talents.  Economy/ finance/ career link – what could your talents lead to? https://www.coramifeeducation.org.uk/scarf/lesson-plans/top-talents-1	Growing and changing – I am fantastic.  Prejudicial language link https://www.coramifeeducation.org.uk/scarf/lesson-plans/i-am-fantastic	extra lessons left for transition
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STRIVING FOR EXCELLENCE



Nine Acres Primary School – Vocabulary Progression Year 4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	qualities	stereotype	hazard	individual	rights	hormones
	Negotiate	aggressive	security	Mental health	laws	puberty
	assertive		social	achievement	democracy	marriage
	pressure		persevere		Anti-social	
	independent		influence		witness	
	physical				Essential	



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STRIVING FOR EXCELLENCE

Medium Term Plan – Year 4 Autumn 1

PSHE	Healthy relationships –okay or not okay 1. 👤 Now press play – mental health https://www.coramlifeeducation.org.uk/scarf/lesson-plans/ok-or-not-ok-part-1	Healthy relationships –okay or not okay 2. 👤 Zones of regulation link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/ok-or-not-ok-part-2-1	Healthy relationships – islands. 👤 Zones of regulation link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/islands	Healthy relationships – human machines 👤 Economy/ finance/ career link – what jobs require teamwork? https://www.coramlifeeducation.org.uk/scarf/lesson-plans/human-machines	Healthy relationships –can you sort it? 👤 https://www.coramlifeeducation.org.uk/scarf/lesson-plans/can-you-sort-it	Healthy relationships – together 👤 Crime/Law – same sex marriage only became legal in UK in 2013. Prejudicial language link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/together	Feelings and emotions – different feelings 👤 Zones of regulation link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/different-feelings
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Medium Term Plan – Year 4 Autumn 2

PSHE	S1 - secret or surprise https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-1	S2 - how dare you https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-dare-you	S3 - friend or acquaintance https://www.coramlifeeducation.org.uk/scarf/lesson-plans/friend-or-acquaintance Link to news article - https://www.kidsnews.com.au/technology/teen-friendships-move-online-study-finds/news-story/df2d3d170984d85a7e862b50c423b6ef	S4 - what would I do https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-would-i-do	S5 – what makes me me? https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-me-me-blog-post-link https://sixintoseven.co.uk/every-child-is-unique/	S6 - Expense https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-expenses	S7 - Taxes https://www.coramlifeeducation.org.uk/scarf/lesson-plans/why-pay-taxes-1
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Medium Term Plan – Year 4 Spring 1



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STRIVING FOR EXCELLENCE

PSHE	S1 - risk, danger or hazard https://www.coramifeeducation.org.uk/scarf/lesson-plans/danger-risk-or-hazard	S2 - who helps us stay healthy and safe? https://www.coramifeeducation.org.uk/scarf/lesson-plans/who-helps-us-stay-healthy-and-safe	S3 - who helps us stay safe online? https://www.coramifeeducation.org.uk/scarf/lesson-plans/picture-wise	S4 - keeping ourselves safe https://www.coramifeeducation.org.uk/scarf/lesson-plans/keeping-ourselves-safe	S5 - alcohol, drugs and smoking https://www.coramifeeducation.org.uk/scarf/lesson-plans/know-the-norms	S6 - medicines https://www.coramifeeducation.org.uk/scarf/lesson-plans/medicines-check-the-label-1
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Medium Term Plan – Year 4 Spring 2

PSHE	Keeping safe – under pressure.  Crime– what if someone pressured you? https://www.coramifeeducation.org.uk/scarf/lesson-plans/under-pressure	Healthy lifestyles – making choices  https://www.coramifeeducation.org.uk/scarf/lesson-plans/making-choices	Healthy lifestyles – scarf hotel  https://www.coramifeeducation.org.uk/scarf/lesson-plans/scarf-hotel	Caring for the environment – volunteering is cool.  Economy/ finance/ career link – what jobs would you volunteer for? https://www.coramifeeducation.org.uk/scarf/lesson-plans/volunteering-is-cool	Caring for the environment – my school community.  Prejudicial language link https://www.coramifeeducation.org.uk/scarf/lesson-plans/my-school-community-1
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Medium Term Plan – Year 4 Summer 1



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STRIVING FOR EXCELLENCE

PSHE	Rights and responsibilities – in the news.  Prejudicial language link In the news! (coramlifeeducation.org.uk)	Rights and responsibilities – the people we share our world with.  Crime– prejudice/ discrimination Prejudicial language link The people we share our world with (coramlifeeducation.org.uk)	Rights and responsibilities – safety in numbers.  Crime– link to a bystander of a crime – what would they do? Prejudicial language link Safety in numbers (coramlifeeducation.org.uk)	Rights and responsibilities – that is such a stereotype.  Prejudicial language link That is such a stereotype! (coramlifeeducation.org.uk)	Rights and responsibilities – it's your right.  Crime– rules and laws It's your right (coramlifeeducation.org.uk)
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Medium Term Plan – Year 4 Summer 2

PSHE	Growing and changing – preparing for periods.  https://www.coramlifeeducation.org.uk/scarf/lesson-plans/period-positive	Growing and changing – all change!  https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-change	Growing and changing – my feelings are all over the place.  Zones of regulation link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings-are-all-over-the-place	Growing and changing – moving house.  Zones of regulation link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/moving-house-1	extra lessons left for transition
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STRIVING FOR EXCELLENCE

Nine Acres Primary School – Vocabulary Progression Year 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	collaborate	discrimination	habit	Commitment	Biased/ unbiased	separation
	resolution	gender	addiction	resilience	duties	embarrassed
	sensitive	sex	resist	patience	wage	confidential
	abuse	diverse	norm	Determination	salary	biological
	passive	reaction	perception		credit	
		Orientation			debt	
					election	
					vote	



Medium Term Plan – Year 5 Autumn 1

PSHE	Healthy relationships – <u>It</u> could happen to anyone https://www.coramifeeducation.org.uk/scarf/lesson-plans/it-could-happen-to-anyone	Identify the consequences of positive and negative behaviour on themselves and others and give examples of how individual/group actions can impact on others in a positive or negative way. https://www.coramifeeducation.org.uk/scarf/lesson-plans/taking-notice-of-our-feelings	To identify people who can be trusted. https://www.coramifeeducation.org.uk/scarf/lesson-plans/give-and-take-1	To understand what kinds of touch are acceptable or unacceptable. PANTS	To understand that we need to give and take when conflict arises. https://www.coramifeeducation.org.uk/scarf/lesson-plans/stop-start-stereotypes-drama	Recognise that some people can get bullied because of the way they express their gender; and give examples of how bullying behaviours can be stopped. https://www.coramifeeducation.org.uk/scarf/lesson-plans/stop-start-stereotypes	Boys will be boys – challenging gender stereotypes https://www.coramifeeducation.org.uk/scarf/lesson-plans/boys-will-be-boys--challenging-gender-stereotypes-1
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Medium Term Plan – Year 5 Autumn 2

PSHE	Feelings and emotions – Valuing difference Money	Feelings and emotions – Peer pressure – Ella's diary LO: To explain the difference between a safe and unsafe secret. https://www.coramifeeducation.org.uk/scarf/lesson-plans/ellas-diary-dilemma	Feelings and emotions – <u>Is</u> it true? LO: To understand that information we see online is not always true. https://www.coramifeeducation.org.uk/scarf/lesson-plans/is-it-true Reflect on assessment	New assessment Valuing differences – Qualities of a friendship LO: To understand the characteristics of friendship. https://www.coramifeeducation.org.uk/scarf/lesson-plans/qualities-of-friendship	Assessment week	Valuing differences – Kind conversations LO: To rehearse active listening skills. https://www.coramifeeducation.org.uk/scarf/lesson-plans/kind-conversations-1 act of kindness article - https://www.kidsnews.com.au/civics/children-to-walk-for-a-kind-world-all-the-way-to-the-moon/news-story/511155b5806a6c46bdb41d8321cbbf34	Valuing differences – Happy being me LO: Consider how discriminatory behaviour can be challenged. https://www.coramifeeducation.org.uk/scarf/lesson-plans/happy-being-me-1 link to gender football resource in folder	Money – Spending wisely LO: To understand the value of money and learn some skills to help us manage money. https://www.coramifeeducation.org.uk/scarf/lesson-plans/tend-us-a-fiver
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STRIVING FOR EXCELLENCE

Medium Term Plan – Year 5 Spring 1

PSHE	Keeping safe	Keeping safe – thinking about habits	Keeping safe – independence and responsibility	Keeping safe – our emotional needs	Keeping safe – would you risk it?	Keeping safe – being assertive	Keeping safe – spot bullying	Keeping safe – communication
		 Crime– legal and illegal substances https://www.coramlifeeducation.org.uk/scarf/lesson-plans/thinking-about-habits	 Economy/ finance/ career link – jobs that are there to keep us safe https://www.coramlifeeducation.org.uk/scarf/lesson-plans/independence-and-responsibility	 Prejudicial language link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-emotional-needs	 Prejudicial language link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/would-you-risk-it-1	 Zones of regulation link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/being-assertive-1	 Crime– aggressive behaviours https://www.coramlifeeducation.org.uk/scarf/lesson-plans/spot-bullying	 Crime – laws around drugs https://www.coramlifeeducation.org.uk/scarf/lesson-plans/communication-1

Medium Term Plan – Year 5 Spring 2

PSHE	Keeping safe – decisions dilemmas	Keeping safe – CHILD LED	Healthy lifestyles – drugs true or false	Healthy lifestyles – smoking – what is normal?	Healthy lifestyles – vaping healthy or unhealthy?
	 https://www.coramlifeeducation.org.uk/scarf/lesson-plans/decision-dilemmas		 Crime– underage smoking and drinking https://www.coramlifeeducation.org.uk/scarf/lesson-plans/drugs-true-or-false-2	 Crime– laws around smoking https://www.coramlifeeducation.org.uk/scarf/lesson-plans/smoking-what-is-normal	 Crime– laws around smoking https://www.coramlifeeducation.org.uk/scarf/lesson-plans/vaping-healthy-or-unhealthy



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Medium Term Plan – Year 5 Summer 1

PSHE	Caring for the environment - rights, respect and duties.  Economy/ finance/ career link – responsibilities of jobs in the community https://www.coramlifeeducation.org.uk/scarf/lesson-plans/rights-responsibilities-and-duties	Caring for the environment - Mo makes a difference.  https://www.coramlifeeducation.org.uk/scarf/lesson-plans/mo-makes-a-difference	Rights and responsibilities – local councils.  Economy/ finance/ career link – local MPs, youth parliament https://www.coramlifeeducation.org.uk/scarf/lesson-plans/local-councils	Rights and responsibilities – what's the story?  Crime – researching local news https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-the-story	Rights and responsibilities – fact or opinion?  Prejudicial language link https://www.coramlifeeducation.org.uk/scarf/lesson-plans/fact-or-opinion	
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Medium Term Plan – Year 5 Summer 2

PSHE SRE	Growing and changing - Help I'm a teenager https://www.coramlifeeducation.org.uk/scarf/lesson-plans/help-im-a-teenager-get-me-out-of-here	Growing and changing - changing bodies and feelings https://www.coramlifeeducation.org.uk/scarf/lesson-plans/changing-bodies-and-feelings	Growing and changing - growing up and changing bodies https://www.coramlifeeducation.org.uk/scarf/lesson-plans/growing-up-and-changing-bodies-1	Growing and changing - different skills https://www.coramlifeeducation.org.uk/scarf/lesson-plans/different-skills	extra lessons left for transition
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STRIVING FOR EXCELLENCE

Nine Acres Primary School – Vocabulary Progression Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	legal	bystander	Social media	connect	profile	manipulation
	illegal	Self-esteem	trolling	mindful	bank	FGM
	balanced	empathy	restriction	sources	value	virus
	appropriate	tolerance	possess	dilemma	sustainable	Immune system
	inappropriate	assumption	supply	serious	policy	consensual
	theft		penalty	scenario	enforcement	Bereavement
				responsive	parliament	
				unresponsive		



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Medium Term Plan – Year 6 Autumn 1

PSHE	-	Healthy relationships	Healthy relationships	Healthy relationships	Healthy relationships	Healthy relationships	Healthy relationships
		solve the friendship problem https://www.coramifeeducation.org.uk/scarf/lesson-plans/solve-the-friendship-problem	working together https://www.coramifeeducation.org.uk/scarf/lesson-plans/working-together	let's negotiate https://www.coramifeeducation.org.uk/scarf/lesson-plans/lets-negotiate	behave yourself https://www.coramifeeducation.org.uk/scarf/lesson-plans/behave-yourself-2	assertiveness skills https://www.coramifeeducation.org.uk/scarf/lesson-plans/assertiveness-skills-formerly-behave-yourself-2	don't force me https://www.coramifeeducation.org.uk/scarf/lesson-plans/dont-force-me

Medium Term Plan – Year 6 Autumn 2

PSHE	Healthy Relationships – Dan's day 	Healthy Relationships – CHILD LED 	Valuing difference – advertising friendships 	Valuing difference – respecting differences 	Valuing difference – ok to be different,  Crime – linking to a bystander – what would you do?	Money – what's it worth? 	Money – jobs and taxes 
	Crime – consequences of actions Prejudicial language link https://www.coramifeeducation.org.uk/scarf/lesson-plans/dans-day		https://www.coramifeeducation.org.uk/scarf/lesson-plans/advertising-friendships	Prejudicial language link https://www.coramifeeducation.org.uk/scarf/lesson-plans/respecting-differences	Prejudicial language link https://www.coramifeeducation.org.uk/scarf/lesson-plans/ok-to-be-different	Economy/ finance/ career link https://www.coramifeeducation.org.uk/scarf/lesson-plans/whats-it-worth	Economy/ finance/ career link – looking at a range of careers https://www.coramifeeducation.org.uk/scarf/lesson-plans/jobs-and-taxes

Medium Term Plan – Year 6 Spring 1



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STRIVING FOR EXCELLENCE

PSHE

Lesson 1

Keeping safe –
what sort of drug
is...?

<https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-sort-of-drug-is-1>

Lesson 2

Keeping safe –
drugs – it's the law.

<https://www.coramlifeeducation.org.uk/scarf/lesson-plans/drugs-its-the-law>

Lesson 3

Keeping safe –
alcohol – what is
normal?

<https://www.coramlifeeducation.org.uk/scarf/lesson-plans/alcohol-what-is-normal>

Lesson 4

Keeping safe –
think before you
click.

<https://www.coramlifeeducation.org.uk/scarf/lesson-plans/think-before-you-click>

Lesson 5

Keeping safe – to
share or not to
share?

<https://www.coramlifeeducation.org.uk/scarf/lesson-plans/to-share-or-not-to-share>

Lesson 6

Keeping safe –
pressure online.

<https://www.coramlifeeducation.org.uk/scarf/lesson-plans/pressure-online>

Medium Term Plan – Year 6 Spring 2

PSHE

Keeping safe – CHILD
LED



Healthy lifestyles – 5
ways to wellbeing



<https://www.coramlifeeducation.org.uk/scarf/lesson-plans/five-ways-to-wellbeing-project>

Healthy lifestyles – I
look great!



<https://www.coramlifeeducation.org.uk/scarf/lesson-plans/i-look-great>

Healthy lifestyles – we
have more in
common than not.



Crime – linking to a
bystander – what would
you do?

Prejudicial language link
<https://www.coramlifeeducation.org.uk/scarf/lesson-plans/we-have-more-in-common-than-not>

Healthy lifestyles –
CHILD LED





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Medium Term Plan – Year 6 Summer 1

PSHE	Rights and responsibilities	Caring for the environment	Rights and responsibilities	Rights and responsibilities	SATs week	Rights and responsibilities
	two sides to every story. https://www.coramlifeeducation.org.uk/scarf/lesson-plans/two-sides-to-every-story	fakebook friends https://www.coramlifeeducation.org.uk/scarf/lesson-plans/fakebook-friends	tolerance and respect. https://www.coramlifeeducation.org.uk/scarf/lesson-plans/tolerance-and-respect-for-others	democracy 1 https://www.coramlifeeducation.org.uk/scarf/lesson-plans/democracy-in-britain-1-elections		democracy 2 https://www.coramlifeeducation.org.uk/scarf/lesson-plans/democracy-in-britain-2-how-most-laws-are-made

Medium Term Plan – Year 6 Summer 2

PSHE	Growing and changing – making babies.  https://www.coramlifeeducation.org.uk/scarf/lesson-plans/making-babies-1	Growing and changing – is this normal?  https://www.coramlifeeducation.org.uk/scarf/lesson-plans/is-this-normal	Growing and changing – this will be your life!  Economy/ finance/ career link – aspirations https://www.coramlifeeducation.org.uk/scarf/lesson-plans/this-will-be-your-life	Left for transition recap. Growing and changing – helpful or unhelpful? 	extra lessons left for transition
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