

First Aid

Year 4

September 2021



St John
Ambulance



Emergencies - Calling for help.



Learning objectives

- I understand it's most important to ensure the safety of myself and others in the event of an emergency
- I can assist in an emergency by correctly calling for help
- I know the information I need to give to emergency services if they are called to an incident

Spotting Hazards - Circle as many hazards as you can. Then explain why each item may be classed as a hazard.



Remember LIONEL

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Your turn: Calling for help



1.

- Always make sure the area is safe



2.

- If it is an emergency, call 999. Remember LIONEL to give them important details.



3.

- Keep casualty reassured
- Stay with them until help arrives



4. If you have been taught any first aid which may be useful, then use it.

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KS2 – Dealing with an emergency

Head Injuries.



Learning objectives

- I can identify a minor or major head injury
- I can give first aid to a casualty who has a head injury
- I can call for help for a casualty who has a head injury

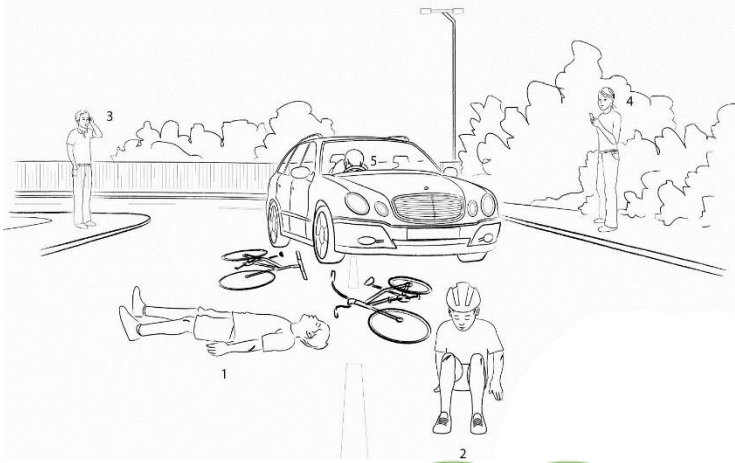
Functions of the brain

What does the human brain do? List your answers around the image below.



Who could have a head injury? Explain your answer.

What do you see?



Minor head injury

Step 1.

Help your casualty _____
to sit down.



Step 2.

Apply a cold compress _____
to the injured area.



Step 3.

Monitor your casualty
➤ Watch for dizziness _____
and vomiting _____



Step 4.

Get help if
necessary.
Tell an ambulance _____.



Asthma



Learning objectives

- I can identify a casualty who is having an asthma attack
- I can assess a casualty's condition calmly and I can give first aid to someone who is having difficulty breathing due to asthma
- I can seek medical help, if required, for someone who is having an asthma attack

What do you think?



A **SIGN** is something you can see.

Signs and symptoms of someone having an asthma attack could be...

A **SYMPTOM** is something that the casualty tells you they feel.

Asthma triggers

What are possible triggers for an asthma attack?
(something that makes an asthma attack happen)

Your turn Asthma attack



1. Help the casualty to _____

- Reassure them
- Encourage slow breaths



2. Assist them to use their reliever

- _____
- Casualty can take one or two puffs every _____ minutes
 - Maximum 10 puffs
 - A mild attack should ease in a few minutes

3. Call _____ if
attack is not
easing



4. Reassure casualty

- _____ with them until the ambulance arrives