

First Aid

Year 3

September 2021



BritishRedCross

First Aid Champions.

What is First Aid and why is it important?

Learning objectives

- Understand what first aid is and why it is important
- Explain some situations where someone might need to do first aid

"First aid is important because..."



A large speech bubble containing five horizontal blue lines for writing.

Head Injury

Asthma attack

Bleeding

Broken bone

Burns

Choking

First
Aid
Skills

Unresponsive
breathing

Unresponsive
not breathing

Calling 999



Learning objectives

- Learn how to safely get help in an emergency, including calling 999
- Learn what a 999 call is like and the kind of questions they will ask
- Practise making a 999 call and giving the correct information to the person on the phone

How confident do you feel about calling 999 if you needed to?

1

2

3

4

5

6

7

8

9

10

Not
at all

Totally

Questions that might be asked by the Ambulance service call operator.

Stick shared response here

1. **YOUR TURN TO ROLE PLAY** - In pairs role-play a 999 call. One person will play the person calling 999. They need to tell the operator the information they have and answer their questions as well as they can. The other will be the operator, and will read out the questions on the card. There are extra questions you could ask to extend the role play, and calming things they can say to help the person. Try to think of other relevant questions or comforting things you could say too.

Scene 1.

This person is called Ben. They live at 23 Flower Street. Their mum has cut her hand and is bleeding a lot. Ben has helped her to press hard on the cut already.

Scene 2.

This person is Becky. Her brother is choking. His dad is helping him as she calls 999. They live in flat 4B, Basil Tower, 43 Picket Road.

Now...



My address is...



Calling 999.

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If you know someone is ill or injured and needs help from a doctor quickly:

Call 999 and ask for an ambulance

Listen to the call handler and answer their questions as best as you can



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The British Red Cross Society is a charity registered in England and Wales (220949) and Scotland (SC037738).

**The power
of kindness**

How can you help someone who has a

head injury



Key action:

Cool
the bump
or bruise



How do you know someone has hurt their head?

How to help

*

1.

*

2.

*

3.

How can you help someone who has a

burn



Key action:

Cool it



How do you know someone has hurt their head?

How to help

*

1.

*

2.

*

3.