



Whole school PE overview 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Multiskills	Games	Dance	Cricket	Athletics	Football
Y1	Multiskills	Games	Dance	Cricket	Athletics	Football
Y2	Multiskills	Games	Dance	Cricket	Athletics	Football
Y3	Handball	Hockey	Dance	Swimming	Athletics	Tennis
Y4	Tag Rugby	Hockey	Dance	Cricket	Athletics	Tennis
Y5	Basketball	Badminton	Dance	Cricket	Athletics	OAA
Y6	Netball	Badminton	Dance	Cricket	Athletics	OAA
Lunch Time	Football	Basketball	Football	Cricket	Athletics	Tennis



At Nine Acres Primary our aim is for all children

- to develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Striving for Excellence



Purpose: A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

PE National Curriculum

EYFS

Progressing towards a more fluent style of movement with developing control and grace, children will revise and refine the fundamental skills they have already acquired by engaging with different locomotive mediums. Children will develop their body strength, coordination, balance and agility to prepare and equip them with the skills needed for successful future physical education sessions.

Pupils should be taught to:

- Negotiate space and obstacles safely – this should include the consideration of others as well as themselves
- To confidently use a range of large and small apparatus in both indoor and outdoor settings as an individual as well as part of a team
- Throw, catch, kick, bat and aim in preparation for accessing the curriculum in KS1 onwards.
- These ball skills should be developed and refined with increasing confidence, competence, precision and accuracy.

KS1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

KS2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games
- apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best