



## PE Vocabulary Progression



|      | Autumn 1   | Autumn 2   | Spring 1  | Spring 2  | Summer 1   | Summer 2   |
|------|--|--|---|---|--|--|
| EYFS | <b>Multiskills</b><br>Space, movement, travel, up, down, side to side, walk, hop, jump, run, turn, follow, start, stop, safely | <b>Games</b><br>catch, throw, balance, follow, roll, games, together, hit,               | <b>Dance</b><br>movement, turn, freeze, follow, create, pattern, travel, body, parts, space   | <b>Cricket</b><br>Catch, throw, ball, bat, catchers, space    | <b>Athletics</b><br>Jump, throw, race, run, speed          | <b>Football</b><br>Kick, goal, score, pass, ball, team   |
| Y1   | <b>Multiskills</b><br>Twist, reach, stretch, high, low, speed, skip, jog, forwards, backwards, equipment, roll                 | <b>Games</b><br>Predict, underarm, overarm, target, decide, catching, direction, passing | <b>Dance</b><br>perform, levels, coordination, feelings, speed, direction, hold, repeat, copy | <b>Cricket</b><br>Fielders, target, teamwork, power, swing    | <b>Athletics</b><br>Sprint, distance, different races,     | <b>Football</b><br>Tackle, goal keeper, pitch, save, shoot   |
| Y2   | <b>Multiskills</b><br>Rotate, change direction, rules  | <b>Games</b><br>track, anticipate, control, release, send and receive,                   | <b>Dance</b><br>mood, stillness, sequence, mirror me, control, repetition, beat,              | <b>Cricket</b><br>Batter, aim, release, send and receive, out | <b>Athletics</b><br>Send, alone, together, activity, relay | <b>Football</b><br>Laces, control, dribble, touches, attack and defend, long pass, short pass, throw in, |
| Y3   | <b>Handball</b>  | <b>Hockey</b>  | <b>Dance</b>  | <b>Swimming</b>   | <b>Athletics</b>   | <b>Tennis</b>  |

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|           | Invasion game, pass, receive, attack, shoot, score, control, throw, defend, mark, space, non-contact, 3 steps, referee | Dribble, grip, pass, centre pass, tackle, mark, attack, defend, space, flat side                                  | environment, changing speed and direction, plan, share, alone, group, practice, rehearse, adapt  | Breathing, tread water, front crawl, back crawl, breaststroke, unaided, safety, streamline, kick, pull, sink, float, aided, swim | Release, compete, individual, team, event, pace, personal target                                      | Racquet, grip, left, right, net, court, serve, singles, doubles, back and forth, points, across from, strike |
| <b>Y4</b> | <b>Tag Rugby</b><br>Advance, take charge, referee, attack and defend position, own half, side-step to avoid            | <b>Hockey</b><br>Push pass, free pass, position, control, intercept, block, block tackle, side line, attack space | <b>Dance</b><br>environment, changing speed and direction, plan, share, alone, dance team, practice, rehearse, adapt, choreograph, structure, fluency, posture, rhythm, effort | <b>Cricket</b><br>Bowler, wicket-keeper, predict, score-keeper, bowl   | <b>Athletics</b><br>Height of release, track and field event, controlled pace, stamina, personal best | <b>Tennis</b><br>Rally, love, diagonal, controlled power, dominant, non-dominant                             |
| <b>Y5</b> | <b>Basketball</b><br>Strategic passing, opposition, intercept, bounce pass, chest pass, hoop, shoulder pass,           | <b>Badminton</b><br>Stance, centre point, side line, lunge, backhand serve, forehand serve, overhead              | <b>Dance</b><br>atmosphere, purposeful speed and direction, fluidity, precise  | <b>Cricket</b><br>Trajectory, cumulative score, fielding rotation  | <b>Athletics</b><br>Angle of release, unison, cardiovascular fitness,                                 | <b>OAA</b><br>Route, appropriate equipment, familiar, environment, risk, communication,                      |

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|           | strategic play, rebound, spatially aware, intercept                   | clear shot, net shot, drop shot, smash shot  | posture, accompany, unison, style, interpretation, timing  |  |   | cooperate, problem solving   |
| <b>Y6</b> | <b>Netball</b><br>Manoeuvre, teamwork communication and collaboration | <b>Badminton</b><br>Ready stance, defensive stance, back line, service line, appropriate shot, court position, | <b>Dance</b><br>atmosphere, purposeful speed and direction, fluidity, precise posture, accompany, unison, style, interpretation, timing, canon, improvisation, motifs, technique, perform and evaluate | <b>Cricket</b><br>Velocity, strategy based upon player strengths | <b>Athletics</b><br>Trajectory of release, cohesive contributions, improved cardiovascular fitness, | <b>OAA</b><br>Risk assessment, location, compass, navigation, overcoming problems, hazardous, leadership |